Trekking Itinerary

Round Annapurna

Date	Departure Time	Program First	Program Second	Program Third
1st day	6:00, Tourist Bus park, Pkr	Drtive to Besishahar 5:30 hr, by Tourist Bus/ car	Trek to Ngadi	Stay overnight in Ngadi 930m
2nd day	7:30, after Breakfast	Trek to Jgat 6-7 Hr.		Stay overnight in Jgat, 1300m
3rd Day	7:30, after Breakfast	Trek to Dharapani 6-7 Hr.		Stay overnight Dharapani 1860m
4th Day	5:30, after Breakfast	Trek to Chame 6-7hr.	Manslu view from Timagbesi	Stay overnight in Chame 2670m.
5th day	7:30, after Breakfast	Trek To Pisang 5 Hr.	Visit upper pisang	Stay overnight in Pisag 3200m.
6th Day	7:30, after Breakfast	Trek to Braga 7-8hr. Through View Way	Visit Hidden Town	Stay overnight in Braga 3360m.
7th day	7:30, after Breakfast	Rest day	Hike too Ice Lake/ Manang	Stay overnight Manang 3540m
8th day	7:30, after Breakfast	Trek to Yak Kharka 4-5hr.	View Annapurna	Stay overnight in Yakkhark, 4018m
9th Day	7:30, after Breakfast	Trek to Thorungla Phedi, 4-5hr		Stay overnight in Thorungla Phedi, 4450m.
10th Day	5:30, after Breakfast	Trek to Throunla Pass 3-4 hr. Biggest Pass in The world, 5416m	Trek to Muktinath 3-4 hr	Stay overnight in Muktinath 3800m.
11th Day	7:30, after Breakfast	Visit to holly palace in Muktinath	Breakfast And trek to Kagbni 3hr	
12th Day	7:30, after Breakfast	Trek to Marpha/Tukuchhe 5-6hr.		Stay overnight in Marpha/Tukuchhe 2600m.
13th Day	7:30, after Breakfast	Trek to Ghasa 5-6 hr.		Stay overnight in Ghasa 2010m.
14th Day	7:30, after Breakfast	Trek to Tatopani 5-6 hr.	Visit Hot Spring	Stay overnight in Tatopani 2010m.
15th Day	7:30, after Breakfast	Trek to Ghorepani 7-8hr.		Stay overnight in Ghorepani 2750m.

16th Day	5:00, after Breakfast	Trek to Poonhill 1hr.	Trek to Ghandurk 6-7 hr.	Stay Over Night in Ghandurk 1960m.
17th Day	7:30, after Breakfast	Trek to Nayapul	Drive Back to Pokhara	Program End

Note: We can make Tilicho lake(Located on the highest point) trek 3 days more from Manang

8th Day	8:30, after Breakfast	Trek to Khangsar 2 hr.		Stay Over Night in Khangsar 3790m.
9th Day	7:30, after Breakfast	Trek to Tilocho Base Camp 3 hr.	Visit in the Lake 4910	Stay Over Night in Tilicho Base camp, 4100m
10th	7:30, after Breakfast	Trek to manang 3540		Stay over night Manang 3540m
11th day	7:30, after Breakfast	Trek to Yak Kharka 4-5hr.	View Annapurna	Stay Over night in Yakkhark, 4018m
Continues to Thorungla…..				

Important things to carry: Down jackets (wind and water proof), sunglasses and sun-screen cream, 3 to 4 pair of socks, T-shirt & sweater, trekking sticks, some chocolate bars & cookies, raincoat, etc.

Included In package:

1. Guide & porter
2. All Permits
3. Three meals a day
4. Transportation
5. Accommodation

Excludied from package:

1. Bar bill with luxurious food
2. Tips for Guide and porter
3. Donations (where appropriate)
4. Trekking Equipments
5. Drinking *water*